

| Methodology

Upplly Freight Index Road France



1. What is the Upply Freight Index?

The UFI (Upply Freight Index) Road France is an index dedicated to FTL (Full Truck Load) freight transport for the French domestic market.

The UFI represents the average monthly price in €/km of road transport in France, including diesel, with a history from 1 January 2019. The average price is calculated monthly but the underlying data is updated on daily basis.

The UFI is based on the Spot and contract markets.

The UFI is the most reliable and representative benchmark for transport prices in the French market.

2. What is the UFI spot?

The Spot UFI is an isolated representation of the Spot market through the dedicated index expressed in base 100.

3. What data is the UFI based on?

UFIs are based on the Upply database. This data is collected automatically on a daily basis from specialised partners and from our users.

4. Composition of the UFI :

Truck capacity

The UFI represents full truck loads (FTL).

Type of goods

UFI reflects prices for General Cargo.

Distance

We select journeys with a distance greater than 50 km.

The distribution of our intra France FTL data:

50 km - 150 km: 20%
150 km - 400 km: 43%
> 400 km: 37%

Geographic

The UFI is a composite index aggregating both intra-regional (22%) and inter-regional (78%) trips.

We detail the composition below:



Origin

Destination

Auvergne-Rhône-Alpes	Auvergne-Rhône-Alpes
Auvergne-Rhône-Alpes	Nouvelle-Aquitaine
Auvergne-Rhône-Alpes	Occitanie
Auvergne-Rhône-Alpes	Provence-Alpes-Côte d'Azur
Bourgogne-Franche Comté	Auvergne-Rhône-Alpes
Bourgogne-Franche Comté	Ile-de-France
Grand Est	Auvergne-Rhône-Alpes
Grand Est	Bourgogne-Franche Comté
Grand Est	Grand Est
Grand Est	Hauts-de-France
Grand Est	Ile-de-France
Hauts-de-France	Grand Est
Hauts-de-France	Hauts-de-France
Hauts-de-France	Ile-de-France
Ile-de-France	Auvergne-Rhône-Alpes
Ile-de-France	Centre-Val de Loire
Ile-de-France	Grand Est
Ile-de-France	Hauts-de-France
Ile-de-France	Ile-de-France
Ile-de-France	Normandie
Ile-de-France	Nouvelle-Aquitaine
Ile-de-France	Pays de la Loire
Normandie	Hauts-de-France
Normandie	Ile-de-France
Occitanie	Auvergne-Rhône-Alpes
Occitanie	Nouvelle-Aquitaine
Pays de la Loire	Nouvelle-Aquitaine
Provence-Alpes-Côte d'Azur	Auvergne-Rhône-Alpes
Provence-Alpes-Côte d'Azur	Occitanie
Provence-Alpes-Côte d'Azur	Provence-Alpes-Côte d'Azur

Auvergne-Rhône-Alpes	Auvergne-Rhône-Alpes	6.3%
Grand Est	Grand Est	4.1 %
Ile-de-France	Ile-de-France	3.8 %
Hauts-de-France	Hauts-de-France	2.8 %
Hauts-de-France	Grand Est	2.5 %
Ile-de-France	Hauts-de-France	2.4 %
Provence-Alpes-Côte d'Azur	Auvergne-Rhône-Alpes	2.4 %
Ile-de-France	Hauts-de-France	2.4 %
Provence-Alpes-Côte d'Azur	Provence-Alpes-Côte d'Azur	2.2 %
Normandie	Ile-de-France	2.0 %
Normandie	Hauts-de-France	1.8 %
Ile-de-France	Normandie	1.7 %
Auvergne-Rhône-Alpes	Provence-Alpes-Côte d'Azur	1.6 %
Pays de la Loire	Nouvelle-Aquitaine	1.6 %
Grand Est	Auvergne-Rhône-Alpes	1.5 %
Hauts-de-France	Ile-de-France	1.5 %
Provence-Alpes-Côte d'Azur	Occitanie	1.5 %
Hauts-de-France	Auvergne-Rhône-Alpes	1.5 %
Auvergne-Rhône-Alpes	Occitanie	1.5 %
Grand Est	Ile-de-France	1.4 %
Occitanie	Auvergne-Rhône-Alpes	1.4 %
Ile-de-France	Centre-Val de Loire	1.4 %
Ile-de-France	Pays de la Loire	1.3 %
Grand Est	Bourgogne-Franche-Comté	1.3 %
Bourgogne-Franche-Comté	Ile-de-France	1.3 %
Auvergne-Rhône-Alpes	Nouvelle-Aquitaine	1.3 %
Ile-de-France	Nouvelle-Aquitaine	1.2 %
Grand Est	Hauts-de-France	1.2 %
Bourgogne-Franche-Comté	Auvergne-Rhône-Alpes	1.2 %
Occitanie	Nouvelle-Aquitaine	1.2 %

Pas utilisé pour l'instant